

# ESO Clinic

Kent's largest osteopathic clinic

ESO Clinic  
104 Tonbridge Road,  
Maidstone, Kent ME16 8SL  
www.eso-clinic.co.uk  
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## What is osteopathy?

Osteopathy is a distinct approach to healthcare based on a well established system of clinical diagnosis. Predominantly gentle manipulative techniques are used to correct joint restrictions and muscle imbalances, with a view to improving general function. Osteopathy treats the person, not just the disorder.

## What can osteopathy help treat?

Osteopathy can help provide relief for the body's structural, mechanical and functional problems in people of all ages, such as:-

- Muscle Spasms
- Sports Injuries
- Arthritic Pain
- Back Pain
- Sciatica
- Tension
- Neuralgia
- Frozen Shoulder

## Why choose the ESO Osteopathic Clinic?

The ESO Osteopathic Clinic, based on the Tonbridge Road, Maidstone, has been providing osteopathic treatments to the local community for nearly 35 years. As Kent's largest osteopathic clinic and one of the UK's leading teaching clinics, we have an exceptional level of clinical expertise and carry out in excess of 18,000 treatments each year. Everything at the clinic is patient focused, from free car parking to specialist clinics and evening appointments.



*"The treatment I receive at the ESO Clinic has never failed to get me upright, pain-free and mobile again, with the least pain and fuss, in the shortest time possible."*

ESO Clinic patient

**TO BOOK**  
**call 01622 685989**

General Clinic:	Monday - Thursday	9am - 8.15pm
	Friday	9am - 5.30pm
Sports Injury Clinic:	Monday	6pm - 8.15pm
Maternity Clinic:	Wednesday	9am - 12.45pm / 2pm - 5.30pm
Children's Clinic:	Tuesday	9am - 12.45pm
	Wednesday	2pm - 5.30pm

  
European School  
of Osteopathy