

# Mother and Baby Scheme

ESO Clinic  
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## What is the Mother and Baby Scheme?

The ESO Clinic's Mother and Baby Scheme is a new low-cost community scheme allowing new mums and their babies (up to 1 year) to come along to the clinic for a thorough osteopathic assessment and, if required, on-going treatments for just £5 per appointment.

Where the consultations/treatments would normally cost £16-£22, the clinic is offering all eligible parents and babies the same care at a greatly reduced price. Any new mum is welcome to book and come along to the ESO Maternity Clinic for a consultation, either for themselves or their baby, or both, for just £5 each.

## How can osteopathy help?

Maternity Clinic Tutor, Diana Pitt D.O, explains the benefits of osteopathy for new mums and babies:

"A few weeks after the baby is born, it is prudent for both mother and child to be checked to ensure that any variations that may have been created by either the pregnancy or labour can be addressed. For the mother post-natal problems such as headaches, coccyx pain and pelvic pain may respond favourably to osteopathic treatment, as will back, neck and shoulder pain associated with feeding."

"For their baby, birth itself can be a very stressful time, both physically and emotionally. If there are difficulties and complications with the birth, this may put immense strain on certain structures within the baby's body. Left untreated, these may lead to symptoms such as poor sleep patterns, feeding difficulties, irritability etc."

## Why choose the ESO Clinic?

The Mother and Baby scheme is aimed at those who would like to experience the benefits of osteopathic treatment, but at a time when budgets are already strained by a new addition to their family, may struggle to find the extra money needed for a series of treatment. As a registered charity the ESO Clinic aims to offer low-cost, high quality osteopathic treatments to all sectors of the community and has been doing so for over 34 years. The consistently high quality of clinical training provided is well known across the area and the fact that students and tutors carry out over 18,000 treatments a year bears testimony to this. The Maternity and Children's clinics are run by a highly specialist team concentrating on the care of pregnant women, new mothers and babies.



To make an appointment call

**01622 685989**

or email

[enquiry@eso-clinic.co.uk](mailto:enquiry@eso-clinic.co.uk)  
quoting Mother and Baby Scheme

Maternity Clinic:	Wednesday	9am - 5.30pm
Children's Clinic:	Tuesday	9am - 12.45pm
	Wednesday	2pm - 5.30pm
General Clinic:	Monday - Thursday	9am - 8.15pm
	Friday	9am - 5.30pm
Sports Injury Clinic:	Monday	6pm - 8.15pm